

# NUTRITIONALS

## Royale Premium



[www.royalebrands.com](http://www.royalebrands.com)

**Blender:** Add 3oz. of Premium Mix and 1-2 oz of alcohol to 14oz cup of ice, blend thoroughly. For smoothies, replace alcohol with 2-3oz. of water.

**Batch Mix- Freezer:** Add Premium Mix and water according to mix ratio listed on ingredient panel. Example: 1+3 = 1 part mix plus 3 parts water. Shake well and pour into dispenser.

	Calories (1oz.)	Total Fat	Sodium	Potassium	Total Carbohydrate	Sugars	Protein	Ingredients
Mango	70	0g	0%	1%	18g	17g	0g	High Fructose Corn Syrup, Mango Juice From Concentrate, Citric Acid, Propylene Glycol, Xanthan Gum, N&A Flavors, Sodium Benzoate & Potassium Sorbate (as preservatives), Titanium Dioxide, Glycerine, FD&C Yellow #5 & Yellow #6.
Banana	70	0g	0%	1%	18g	16g	0g	High Fructose Corn Syrup, Banana Purée, N&A Flavors, Propylene Glycol, Citric Acid, Xanthan Gum, Whey Protein, Sodium Citrate, Sodium Benzoate and Potassium Sorbate (as preservatives), Caramel Color, Sodium Metabisulfate.
Peach	70	0g	1%	0%	18g	17g	0g	High Fructose Corn Syrup, Peach Purée, Citric Acid, N&A Flavors, Propylene Glycol, Xanthan Gum, Whey Protein, Sodium Citrate, Sodium Benzoate & Potassium Sorbate (as preservatives), Sodium Bisulfite, FD&C Yellow #5, Yellow #6 & Red #40.
Strawberry	60	0g	0%	1%	19g	19g	0g	High Fructose Corn Syrup, Strawberry Purée, Citric Acid, Propylene Glycol, N&A Flavors, Xanthan Gum, Whey Protein, Sodium Benzoate & Potassium Sorbate (as preservatives), Strawberry Seeds, Ethyl Maltol, FD&C Red #40 & Blue #1.
Raspberry	60	0g	0%	1%	15g	15g	0g	High Fructose Corn Syrup, Strawberry Purée, Raspberry Purée, N&A Flavors, Citric Acid, Propylene Glycol, Xanthan Gum, Whey Protein, Sodium Citrate, Caramel Color, Sodium Benzoate & Potassium Sorbate (as preservatives), Raspberry Seeds, FD&C Red #40, Ethyl Maltol and FD&C Blue #1.
Pina Colada	90	0.5g	2%	0%	22g	21g	0g	High Fructose Corn Syrup, Pineapple Juice From , Non-Dairy Creamer (Coconut Oil, Maltodextrin, Sodium Caseinate (a milk derivative), Mono & Diglycerides, Dipotassium Phosphate, Soy Lecithin), Propylene Glycol, Malic Acid, Xanthan Gum, N&A Flavors, Sodium Hexametaphosphate, Whey Protein, Sodium Citrate, Sodium Benzoate & Potassium Sorbate (as preservatives), N&A Flavors, Titanium Dioxide, Glycerine, Salt, Ascorbic Acid (Vitamin C), TBHQ, Sodium Metabisulfite, Polysorbate.
Blue Lagoon	70	0g	0%	1%	18g	18g	0g	High Fructose Corn Syrup, Banana Purée, Citric Acid, N&A Flavors, Propylene Glycol, Sodium Benzoate & Potassium Sorbate (as preservatives), Ascorbic Acid (Vitamin C), Xanthan Gum, FD&C Blue #1.
Hurricane/ Rumrunner	70	0g	0%	0%	17g	17g	0g	High Fructose Corn Syrup, Orange Juice From Concentrate, Pineapple Juice From Concentrate, Citric Acid, Propylene Glycol, Xanthan Gum, Whey Protein, N&A Flavors, Sodium Citrate, Sodium Benzoate & Potassium Sorbate (as preservatives), FD&C Red #40, and Ethyl Maltol.

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.